

South Wales Regional Athletic Council

Meeting of the Executive of South Wales Regional Council
Thursday 17th October 2019
6:30pm, Council Room, University Hospital of Wales, Heath Park Way, Cardiff, CF14 4XW

1) Present:

Apologies: Lucy Archer, Jen Stone, Keely Jarvis, Ryan Spencer Jones, Fyn Corcoran, Graham Webb, Dan Nash

2) ACTIONS FROM PREVIOUS MEETINGS

- a. Finance update to be included in all future meetings. This has now been included on the agenda
- b. Due to role limit, JC to speak to DB to confirm which two roles he would like to take forward.

ACTION - JC to speak with DB

c. Role descriptions are needed to be shared for vacant roles. HP has shared location on portal with JC. JC provided update that although some roles are vacant, tasks are being progressed by various members. Jen has been leading on officials duties

ACTION - JC to review and draft descriptions to be shared

d. Liz Davies to share slides from presentation.

ACTION - HP to follow up on slide distribution

e. Sub groups to be used to discuss specific items

ACTION - Next meeting to be lite meeting with sub groups

f. Junior fell results only contain South Wales athletes

ACTION – JC to confirm that is a complete list of results

g. Regional champs were held, there was a good number of entrants. Noted that Aberdare did not enter a mens team.

3) Development Plan Update

There is no specific progress on actions. The plan has been submitted and the region should receive its grant soon. The official's day looks to have a good attendance. Discussion was held around endurance days. JC spoke about how the concepts of the days can be applied to all athletes, but days are tailored for the junior athletes.

ACTION - JC to share a sanitised version.

4) Key Officer Updates

a) Welfare - SP

Group discussed that it would be good to receive a view from Steve Jones on the role. It would be ideal if a standard operating procedure had been created.

It was agreed most courses are tailored towards looking after younger athletes and some awareness would bd useful towards older athletes

It was agreed it would be useful to have a sub group to discuss topics and that using some real examples may help

ACTION - HP to link SP and Steve Jones

- a) Vacant Roles JC/DW
 Roles still remain vacant, however everyone has been helping out to ensure all tasks are fulfilled.
- b) Finance Update Jen StoneFinance update was reviewed from Jen Stone.

5) Discussion

- a) Throws Update Ryan Spencer Jones Unable to attend to provide update
- b) Jumps and Combine events Fyn Corcoran Unable to attend to provide update PM Asked what happened at events? HP feedback that they were very well attended. Feedback has been very good. There are now 4 national talent development coordinators.

c)Welsh Athletics AGM

Minutes of meetings used to be issued much faster after the AGM, it would be good to raise this at AGM. South region has agreed to support all motions raised by North and its own motion. To be raised that a clash with Snowdonia Marathon has been raised before and would be good to avoid. It was agreed that if all regions are going to rotate and trave, home region must ensure good support. It was agreed that wen decisions are made to change events, these should be shared to show transparency.

PM – There is a huge gap between inter regionals and UKCAU, could be worth noting to move Welsh schools to December?

Attendance at AGM is important by all clubs to discuss and share views on items raised.

ACTION – Canvassing clubs for interest in guide running courses ACTION – Moving welsh schools to December to be raised at

d) Items for General Council
 Moving Welsh champs to December.
 New website doesn't link back to historical

e) Welsh Athletics Awards Dinner

Discussion was had about attendees. Region is looking to thank those who have supported the region this year and table is nearly full.

f) Schools Cross Country

Due to the track replacement at Bridgend it is not possible to hold the girls event there. With such short notice, its not possible to find a suitable replacement venue. Decision made to postpone until Jan, maybe 14th as that looks to be a suitable date

g) Regional & Inter Regional Cross Country

Attendance at the regional event was really good. Results to be confirmed and shared soon. TM's have been appointed for Inter Regionals and selection is already under way. Agreed that due to postponement, selection would be made across GL1 & GL2

h) WA Governance Calendar

Agreed that dates seem to work, to be shared with minutes

i) Officials Development day

Being led by JS in conjunction with the east. Quite a few attendees planned.

j) Aberdare Club Activity Report from Keely Jarvis

Great that the document has been shared. We would love all clubs to shout about what they are doing. Aberdare has grown, all area's have grown, with help of Hannah and RCT. Lots more officials and membership has grown with Juniors outweighing Seniors. Windfarm provide some support to local groups. Very competitive across the senior age group. Junior aspects are achieving good results also. Mika doing a great YouTube channel with content of Aberdare also.

k) Indoor Champs

Various roles needed to be filled. Competing clubs need to support the events or they cannot go ahead. All clubs to be approached to see how they will support the event

6) AOB

a) Date and location of next meetings

Tuesday 26th of November and have lite meeting with 3 break out sessions and an AGM update. Breakout groups for road running, Track and field and Welfare.

ACTION - HP to speak to Pontyclun around using Y Pant